



SuperGossip



Well another year has nearly left us and we look forward to more great service in 2012. It seems to have been a year of one major event after another, thank goodness the All Blacks came through so that there was one positive thing in all the news of destruction and pollution.

This year SuperGrans has seen its reach spread with the starting of the Whanganui and Kapiti services. In 2012 we need to look at funding for new branches, as start-up funding is the only barrier to the extension of our services, and SuperGrans Aotearoa may have a role to play with securing this funding. We hope that all our supporters and staff have a safe and restful time over the summer, and we look forward to working with you all again next year.
Kim
Chairperson

Merry Christmas

Another year over and what a year it has been.. So many ups and downs, not just locally, but nationally and internationally—from the euphoria of winning the World Cup to the stunning Royal Wedding, we have had much to celebrate and enjoy but this has been tempered by the tragedy with Christchurch suffering its devastating earthquake in February and the shattering effect this has on the city, the region and the country. As we at SuperGrans go about our days, the ongoing hardships so many individuals families are facing in the Canterbury region are never far from our thoughts.

Nationally, our 14 SuperGrans offices continue to empower families in their local communities to make the most of their finite resources. We continue to witness some wonderful successes and the positive affect and wellbeing our services and programs bring to those in need.

There has been so many articles this year that have focused of the negative and sometimes harmful effect the lack of practical domestic and home management skills are having on the generations up.. It is startling to hear of young people that must have a microwave and dishwasher in their accommodations because they have no real experience of doing dishes or cooking on a stove or oven.

It has been fascinating to see how the different branches adapt to the changing complexity of our clients needs and how they are embracing social networking and technology to better engage with clients and families.

We are so fortunate to have such a dedicated and passionate pool of individuals who give up their time to ensure the SuperGrans Organisation continues to flourish and remains relevant and would like to take this opportunity to thank the many passionate and enthusiastic volunteers who give so selflessly of their time, skills and knowledge and to the many branch Board of Trustee members who continue to guide and support our branches in delivering their vital services. Without these wonderful people, SuperGrans simply could not exist. And to our funders—a very grateful and heartfelt thank you—your support ensures we can continue to make a difference.

May this Christmas allow you quality time with your friends and family and you take the opportunity to enjoy some fun in the sun with your nearest and dearest.

Bridgette

By the Numbers

10
SuperGrans Branches

14
Locations Nationwide

30
Paid Support Staff

190+
SuperGrans Volunteers

1850+
Individuals and families assisted
by SuperGrans annually



What's been happening at SuperGrans

Whanganui & Manawatu

Here in the Manawatu we are reaching the end of the year in a strong position; client and volunteer numbers continue to increase, and due to CRF, Swan Dudding, and United Way funding, we have been able to increase office hours to help cover administration. Our Board of Trustees has been undertaking a self-review including considering specific training needs for 2012. Our Whanganui service is getting administratively bedded-in, and Iris is getting busier and busier with more and more interest in our services. Fortunately this demand is being met with a strong interest in volunteering for us. Also fortunately we have managed to secure some funding to cover the costs of the services, specifically from the CRF, Power Co, and the Swan Dudding Trust. In an exciting new partnership in Fielding, SuperGrans will be using a Manawatu District Council (MDC) house to teach home and food production skills to the large former-refugee community in the area. A two year contract has been signed by the MDC and Refugee Services for the use of the house, meaning that we will be able to work with this group as long as needed. Have a wonderful, safe, and restful summer! Kim and the Manawatu team

Tairawhiti

Wow, what a busy couple of months. Our annual funding requires us to service 350 clients, and in the last 4 months we have worked with over 200 clients, so things are rocking along ever so swiftly.



Health 4 Life — Gisborne 2011

Our new workshops are a huge hit, Home-made Cleaning Products, Kids Treats & Lunch Box Fillers & Take-away to Make-away are our top 3 at the moment. Our Rural Health 4 Life program at Te Karaka and our 'town' Health 4 Life have been completed with our participants putting into action what they have learnt with us, cooking a healthy kai and inviting their family and friends to enjoy. We finished off with certificate presentations and resource gifts. It has been an amazing journey for us all at SGT, the growth, not only on a professional level but a

personal one as well, has been outstanding. We have just started a Maara Kai with Te Hapara Whanau Aroha Centre with work going well on the Community Garden. From there we will work with 11 of their whanau and help them set up gardens and all that is required including Garden Sheds, Tools, Wheelbarrows, Hoses etc. in their homes, this is very exciting. We have had 2 Bi-cultural Social Work students on placement with us, they are amazing ladies. They have had so much fun with us that they are staying on as volunteers . . . awesome stuff. Our board have been a huge support, remembering that they are volunteers and also have very busy lives, they always step up when asked, Thank you to the Board of SGT. And not forgetting our awesome volunteers, without them we could not achieve what we have. A big UP'S to them as well. I have already started booking things into our 2012 diary and marking things on our calendar Rock on I say!!!!!! Check out our Facebook page for some exciting stories and photo's. Hoping everyone a wonderful Christmas and Safe New Year from the team at SuperGrans Tairawhiti Trust. Di, Leigh and Esme

Wairarapa

Where has the year gone too? Big news is SuperGrans will be shifting into the new Community Centre January 2012. It has been a long 3 years in the makings but we are finally there. Now for the packing as we don't have the space around at the new building as we have here. Phil Goff visited our cooking class, rolling up his sleeves and pitching in to help. Wene, I and the volunteers helped out recently at International Elderly Day in the Wairarapa. We provided 180 packed lunches to the participants. SuperGrans have, for the 3rd year been approached to help with the Children's Holiday Programme which is to be held in January 2012. Over the last four months we have had inquiries (all ladies) to become mentors, and have had four ladies signing up.. A big thank you to all our mentors who give up their time to help at our Branch. Wene has clients who attend a weekly cooking course ,cooking meals they are interested in preparing at home. This has proved very successful and had the local paper in to do an article on the improvement achieved of the participants. Having success stories like this gives all of us a buzz Attended Strengthening Families training and now have a better idea how it works. Getting back to normality after the Rugby World Cup. Wairarapa SuperGrans ran a sweepstake and guess who won .. Erin McMenamin, well done Erin can't wait for the shout. Ran the Melbourne Cup Sweepstake stake and Maree (Mentor) drew the lucky horse. Our Bows team has got of to a bad start losing our two

opening games, never mind we can only do better. Hope every one has a wonderful Christmas and New Year. Mari and Wene

Horowhenua

Hi Folks, The good news is that we are moving! Many years ago we outgrew our office space at Jack Allen Community House and now we have found a new home, complete with an office inside an office and space like we have not known before. Kim and I are VERY excited – we make the shift on 01 December and will be located in the Cullinane Steele Building, 28 Queen Street, Levin. The phone remains the same. It is a little like leaving home and it will be a wrench as we have been at JACH our whole life – 12 years.



Nathan Guy Minister of Internal Affairs with Rose and Kim at the Electra Business Awards

We were also very proud to be named as finalists in the Not-for-Profit section of the Kapiti Horowhenua Business Awards we missed out on the big prize, This went to Kapiti Youth Quest – a very deserving winner. We had fun though and were well supported by Bridgette from National Office.

8 clients are about to graduate the Incredible Years Parenting Programme. This assists parents build strong relationships, become consistent and predictable in their responses and helps their children develop into responsible, independent, emotional and social capable individuals. Here's a few current statistics: we have 94 clients/families with 154 children and 13 mentors in the region. Issues are far more complex and volunteers more precious than ever! We wish all our extended SuperGrans Whanau a Happy Christmas and a Safe New Year break Rose and Kim

Kapiti

The newly established Kapiti branch of SuperGrans is powering along. Dee, our original Coordinator did a fabulous job in setting up the service and I have been recently appointed to carry on the good work. I'm keeping extremely busy, cementing new networks and addressing various local community and service groups to ensure they are aware of the service available in the area. We have begun training for 6 volunteers who are keen to get out into the community and do their thing. We are also fortunate to have had some wonderful individuals who are keen to join our Board of Trustees which will ensure the service remains vibrant.

One of the key initiatives for next year is the introduction of a series of workshops based on the recognised need within our local area. These workshops will focus on management of oneself, relationships and of course the home. We also have programs focusing on economical and nutritious cooking and budgeting through the holiday season. So it is all going extremely well and I am looking forward to a fantastic 2012. Wishing you and your whanau a very safe and happy holiday season. Sherree

Bush

Another year almost over for the team at Bush, as always, it has been manically busy but with the fantastic contribution of time and skills offered by our wonderful volunteers, we continue to deliver essential social services and support to those individuals and families of the district. Thanks again to our volunteers, our Board of Trustees and supporters and we wish you call a very happy and safe holiday season. Kathy

Lower Hutt

YAY CHRISTMAS IS HERE

This year has been the busiest year we have ever had. Family numbers have again increased. We have had to employ an extra Field Coordinator to just cope with the numbers. You will all meet Robynne at conference next year. Special thanks must go to all the volunteers. Without the volunteers there would be no SuperGran scheme. Thanks to my Board for their help and

support over the last 12 months. A very big and special thank you to all our funders and supporters without your help and support we would not be able to function.



Cheryl with Wellington Mayor Celia Wade-Brown and Denis Carr SGT Board Chair

Finally, congratulations to all those who have will now be in Government, may you all work wisely and for the betterment of the country. Erin

Christchurch

It is hard to believe that it has been 15 months since September 2010 and 10 months since February. The year has produced challenges which I believe SuperGrans trustees, staff and volunteers have risen to and opportunities which have strengthened our service delivery model. We have been able to attract, support and retain active clients and provide essential services throughout 2011. It is not business as it used to be but it is business as usual because our services are required now more than ever. The earthquakes have affected most of our clients and trends in our service provision reflect the impact the quakes but also indicate there was existing hardship evident that predates the earthquakes impact. Many of our clients continue to be highly stressed and some—particularly women with children report that they are barely coping. But we are getting through— and are privileged to be part of a community wide support network that continues to work effectively together and we sincerely thank the legion of workers who pulled together to help us help other.

We are so thankful to have a Board of Trustees that show such foresight, a highly motivated team of staff who put aside their own lives to be there for those that needed them so desperately and of course our hardworking and loyal volunteers who are the backbone of our organisation—we can what we do because of them.

Have a fantastic holiday break. Sue and the team from Christchurch

Dunedin

Hi from the VERY SUNNY SOUTH! After having 4 holes drilled in my skull I reckoned that it was a fair enough excuse to almost forget getting something to Bridgette for SuperGossip.

We did enjoy having Bridgette in Dunedin to meet our Volunteer Grans and Board of Trustees – was great that our Volunteers meeting was the same day of the AGM and we did our best to impress her with great weather etc., etc. It is nice for people to put a name to the face that we have told them is at the helm in Lower Hutt. Recently attended the Green Paper Forum and added our comments as requested. There is obviously a lot of work to be done and we thought that more relevant education during secondary school may go somewhere to preparing young folk for the challenge of parenthood, budgeting and work ethics. We find many young Mums with children are unprepared and if they accept help to learn and improve then they must be prepared to be motivated enough to turn off the TV and cell phone in order to work with their Volunteer!

We are in gardening mode with a number of our families and we have added some garden tools to lend out to the keen ones and our eager new Granddad will be out helping and advising them.



Marie and Chris with their Wendy

I am back to usual hours except still not allowed to drive so you can imagine how I feel about that restriction – have to be patient and use the ACC taxi service meantime.

We took our fabulous Volunteers out for lunch last week to treat them for International Volunteer Day which was as always a lot of fun. We wish everyone a very Happy Xmas and safe New Year and holiday break. Marie and Chris



Participants enjoying various modules of the Health 4 Life program facilitated by Tairawhiti SuperGrans

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There are so many wonderful organisations who provide financial and resource support to SuperGrans at both local branch level and nationally. Without them, we would cease to function and many 100's of families throughout the country would not enjoy the teachings and support of their volunteer mentors who work to improve the outcomes for themselves and their families..

A heartfelt thank you to our wonderful funders and supporters.

SuperGrans Aotearoa Inc. would like to particularly thank NZ Lotteries, The Tindall Foundation, Community Post, Tech Soup, Lime Red Design Ltd and the Pelorus Trust for their support for 2011.

Xmas Holiday closing dates

Tairawhiti	22 Dec—10 Jan
Manawatu	22 Dec—9 Jan
Whanganui	22 Dec—9 Jan
Bush	22 Dec—17 Jan
Wairarapa	22 Dec—9 Jan
Horowhenua	21 Dec—24 Jan
Kapiti	22 Dec—17 Jan
Lower Hutt	23 Dec—16 Jan
Porirua	23 Dec—16 Jan
Wellington	23 Dec—16 Jan
Nelson	TBA
Christchurch	21 Dec - 18 Jan
Dunedin	23 Dec—9 Jan



Check out SuperGrans on Facebook

Tairawhiti, Manawatu, Wairarapa and Aotearoa all have pages...Let them know you care by visiting and *liking their pages.*

www.supergran.org.nz

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